

# Instructions for Care of a Fractured and Repaired Front Tooth

1. Eat soft foods for several days; gradually advance to a normal diet over the course of a week.
2. Take an over the counter pain reliever (e.g. Tylenol, Advil, Motrin or generic equivalents) as needed for pain. Follow directions on the bottle.
3. Keep teeth and gums very clean by brushing and flossing: dirty teeth and gums increase the risk of infection.
4. Repaired teeth will never be as strong as they were before the repair. Do not bite into hard things with the front teeth. Bite to one side when eating hard foods, (for example: apples, carrot sticks, hard candy).
5. Call Dr. Himelhoch if any of the following occur:
  - Any color change of the teeth
  - Any increase in mobility of the teeth
  - Any increase in pain
  - Failure of mobility and/or pain to resolve in 1 - 2 weeks
  - Any swelling of the gums
  - Anything that seems unusual and concerns you
6. Return for a follow-up appointment as directed by Dr. Himelhoch.